

TM

10000



Lives

Stoke-on-Trent

**Community
Champions**

make a difference!

Who's Involved

- Commissioned by Stoke-on-Trent Public Health
- Delivered through Changes Health & Wellbeing
- In partnership with Staffordshire University
- Co-production principles with network members

Make a difference !

1000 Lives is a network of people who act as community champions, using their skills, knowledge and experience to make a difference to health, wellbeing and quality in Stoke-on Trent.





What is a Community Champion ?

A Community Champion is someone who helps make communities better places to live. They do things and perform roles that make a difference to people's lives.



Community Champions



share positive messages



**encourage people to join in
with community activities**



**help get people back into
learning**



**get people together to find
out community needs**



**support people to take action
for community wellbeing**



The 1000 Lives Network

- Time to meet other champions across the city
- Share skills, ideas and resources
- Create friendships and opportunities for working together
- Provides training and information
- Recognise achievement



**What do You Want out of
the 1,000 Lives Network
And
What can You Give into it ?**

*Be Part of Something BIG -
Join the 1,000 Lives Movement Today...*

Register on the Network
and

Pass it on!

1,000 Lives is a network to support
people who want to make a difference.



mike@changes.org.uk

info@1000Lives.org.uk
www.1000Lives.org.uk



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